# 5th International Congress of Cognitive Psychotherapy Sponsored by IACP

13 - 17 June 2005 Göteborg, Sweden



in confluency with

IX World Congress on Constructivism



Invitation Programme &

Call for abstracts

2nd Announcement



#### Design Sharon Morgillo-Freeman

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#### ADVISORY BOARD

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#### SCIENTIFIC COMMITTEE

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Paul Gillbert	GB	Jan Prasko	CZ		
Leslie Greenberg	CA	Mark Reinecke	US		

#### ORGANISING COMMITTEE

Gunilla Westling Per Karlsson Katarina Turesson
President Internet Co-ordinator Co-ordinator of Sponsors



Photo: Paul Hansen

The conference is organised under the patronage of The Crown Princess Victoria of Sweden



## Dear Friends,

Welcome to Göteborg! We are looking forward to meeting you and all other colleagues in June 2005, when the Swedish summer is as beautiful as ever.

We hope to create a congress on cognitive psychotherapy, how cognitive psychotherapy lives and how it changes - just now - in our time!

#### In our time - it is a time:

- When global violence and terror are even closer to us than before, phenomena which must be dealt with through scientific knowledge, solidarity and conviviality;
- When knowledge of basic brain function, emotions and cognitive psychotherapy rapidly expands; and
- When Western scientific objective explantion meet Eastern subjective experience in a mutal effort to understand the human mind and when different forms of meditation are integrated into cognitive psychotherapy.

We hope that the congress will contribute to the integration of these different ways of thinking. The participation of His Holiness the 14th Dalai Lama and the conversation with Aaron Beck will add a special atmosphere to the Congress.

But above all, of course we want to create a congress combining traditional cognitive psychotherapy with the latest knowledge and techniques available for treating disorders such as anxiety, depressions, OCD, psychosis, dependency states - a congress where people meet friends, colleagues and really feel at home.



Astrid Palm Beskow President of Scientific Committee



Jan Beskow Secretary of Scientific Committee



Gunilla Westling President of Organising Committee

We have created the included Scientific Programme through the devoted co-operation of members in the Scientific Committee. Now we enter the next stage in this fascinating process. In that stage we are extremely dependent on all of you to be able to create a congress, which every-one will place at the top of their priority list.

#### So please:

- Let us know how you yourself would like to contribute to the scientific programme. Register your abstract on the website www.congrex.se/ICCP2005!
- Register yourself and your accompanying person and don't forget to require your tickets to the Dalai Lama conversation and to the workshops. Register on the web-site www.congrex.se/ICCP2005!
- Suggest how, with your co-operation, we can raise the awareness of the congress in your country. Require on the website: flyers and this 2nd Announcement to be spread to interested persons, your friends and listeners at lectures and conferences! Require also a one-page power-point presentation of the congress and show it at the end of all your lectures.

We eagerly await hearing from you as soon as possible!

# Thank you very much for your co-operation!

# Center for Cognitive Psychotherapy and Education in Göteborg



# Persons - Closed and open systems with selfregulating growth.

# Conviviality - A lively dialogue in a respecting atmosphere.

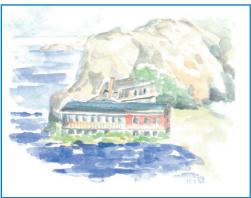
# Processes - Narratives forming individuals and groups.

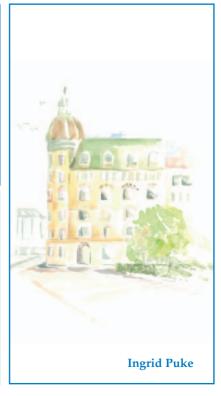
Center för Cognifiv Psykoterapi och Utbildning i Göteborg AB

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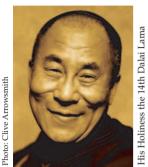
Archbishop K.G. Hamma

#### Public event on Sunday 12th June at the Scandinavium Arena. (To be indicated on the registration).

#### LOOKING FOR MEANING IN THE PRESENT WORLD

His Holiness the 14th Dalai Lama will meet with Archbishop K.G. Hammar, Sweden.

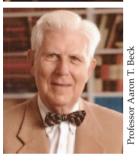
Coordinator: Annika Hagström



#### **MEETING OF MINDS**

#### Monday 13 June

His Holiness the 14th Dalai Lama and Aaron T. Beck in Conversation



#### PRELIMINARY PROGRAMME

	117		11.7
<b>MONDAY</b>	1.0	IUN	Е

08.30 - 12.00 Pre-Congress Workshops

13.00 - 14.00 Opening Ceremony at the Scandinavium Arena (next to

the Göteborg Convention Centre)

14.00 - 14.45 Coffee break

14.45 - 17.00 "Meeting of Minds".

His Holiness the 14th Dalai Lama will meet with:

Aaron Tim Beck Paul Salkovskis Astrid Palm Beskow

17.30 Welcome Reception at the Göteborg Convention Centre

#### **TUESDAY 14 JUNE**

Congress Proceedings and workshops 08.30 - 18.00

19.30 Archipelago Evening

#### **WEDNESDAY 15 JUNE**

08.30 - 18.00 Congress Proceedings and workshops

#### **THURSDAY 16 JUNE**

08.30 - 18.00 Congress Proceedings and workshops

20.00 Harbour Party at Kajskjul 8

#### FRIDAY 17 JUNE

08.30 - 15.00 Congress proceedings and workshops

Closing ceremony

Viking Dinner at Carlsten Fortress 16.00

(for those interested)



#### PRE-CONGRESS WORKSHOP, 8 - 11 June

Cognitive Behavior Therapy and Personality Disorders (for complete programme please visit the website www.congrex.se/iccp2005 and www.artcbt.com)



Meet with friends at Ellös, a beautiful conference site situated at the shore of the North Sea in a green archipelago. Walk in countryside surroundings, play golf, swim or sail and enhance your knowledge and skills working with personality disorders.

Three scholarships (free of charge) available for young students from developing countries.

Then join the Congress in Göteborg. (The fee includes transportation to/from Ellös, accommodation and meals).

Dr. Arthur Freeman, Indiana & Pennsylvania and Dr. Sharon Morgillo-Freeman, Indiana, USA

#### **SATELLITE CONGRESS, 14 - 15 JUNE**

#### Cognitive Psychotherapy in Later Life

This two day satellite congress concentrates solely on issues of psychotherapy and aging. There is an emerging interest in psychotherapy in later life, but few forums to share and develop the issues within this field. The challenges are out there with rapidly growing populations of older persons throughout the world.

Topics covered by this satellite congress of Cognitive Psychotherapy in Later Life:

- clinical applications
- research and training
- attachment and caregiving in later life

Please follow webpage www.congrex.se/iccp2005 for further information and more detailed program. It is possible to attend only this satellite congress for a special fee. The fee includes opening ceremonies of the main congress, the satellite congress program and a social event on 14 June, 2005.

#### **POST-CONGRESS WORKSHOP, 17-20 JUNE**

#### Science, Spirituality, and Education in A Global Future

Number of participants: 36.

(Please see also www.constructivism123.com)

Conversations with: Michael J. Mahoney, Walter Truett Anderson, Kenneth Gergen, and Mary Gergen

This workshop will consists of informal conversations among the presenters on topics that reflect their interests in such issues as the future of knowledge, the history and changing nature of science, changing stereotypes about aging, gender, politics, and religion, the new synthesis of evolutionary studies and spiritual wisdom, collective learning processes, and the roles of the academy in higher education.

The presenters will invite participants to contribute comments, questions, and suggestions. Meetings will take place each morning, with afternoons free for leisurely pursuits and evenings open to self-organizing processes.

Three scholarships (free of charge) available for young students from developing countries.

Place: Ellös, a beautiful conference site situated off shore in the North Sea in a green archipelago, 80 km north of Göteborg. (The fee includes transportation to/from Ellös, accommodation and meals).

# Swedish Association for Cognitive Psychotherapy and Research (SFKPT)



SFKPT was founded in 1984, and now holds more than 1.000 members.

The purpose of SFKPT is to promote education, research and clinical practice of cognitive psychotherapy in Sweden.



#### THEMES AND PERSPECTIVES

#### Guide through the Scientific Programme

In this congress the scientific program covers many topics treated from many perspectives. In this section we will present some "search words" or "search concepts", which we hope will facilitate for you to pick out the most interesting topics for your individual scientific program.

The section consists of two parts:

- A. Themes and Perspectives expressed as head over a number of presentations.
- B. Types of presentations expressed as a letter behind each presentation.

When you write your abstract please note the theme and perspective that you think is the best description of your presentation!

**Themes.** The programme will be organised into eight themes, numbered 1 to 8. Some of them are traditional, so that you may feel at home. Some of them are organised in a new way, in order to trigger your curiosity and long for more. In total, the themes will illustrate the rapid advances now made in understanding both the human mind and the psychotherapeutic endeavour. We want to show you this development in broad out-lines and in small details, combining scientific and clinical aspects.

**Perspectives**. Every topic may be approached from one of the following three perspectives or frames:

- A. Spiritual and social discourse, which means that the topic is seen as a part of a general discourse about spirituality and/or society.
- B. Conceptual, that is that a main aim of the topic is to define, clarify and discuss basic concepts in that specific scientific range.
- C . Science and practice, that is that the main aim is to present and discuss scientific methods and results as well as clinical observations and methods.

We are fully aware that these perspectives are not mutually exclusive but overlapping. They should be understood as indications, which by its nature are incomplete.

#### Example:

The following example shows how a certain theme may be elucidated from different perspectives.

#### 1. From terror to convivial understanding

Invited addresses

Kenneth Gergen

Beyond belief, working at the boarder of conflicted worlds - A.

Maria Teresa Miró

On conviviality - A.

Ad Kerkhof

Understanding Suicidal acts in Terrorism - B.

Thomas Dowo

Cognitive therapy and psychology of compassion - C

#### 1 From terror to convivial understanding

Terror and other types of violence are growing global and individual problems. Psychotherapy, in contrast, requires a therapeutic alliance based on mutual respect, creating a respectful atmosphere during efforts to solve the clients' problem.

*Suggested groups of topics:* Broad genetic, cultural and clinical aspects of terrorism, violence, forensic psychiatry, suicidality, ethics, therapeutic alliances, and the concept of conviviality.



#### 2 From philosophy of mind to personality disorders

Philosophy and phenomenology contribute to the recent discussions about the character of mind, mental phenomena, the self and its aberrations.

Suggested groups of topics: The mind-body-problem, conceptual problems, diagnostic system,, contemporary phenomenological philosophy, phenomenological aspects of schizophrenia, existential problems and qualitative research, personality: classifications, disorders and treatment.

#### 3 Development during the life span 0-100 years

Behavioural patterns developed during the course of evolutio are transmitted through genes and attachment experiences in the form of genetic and cultural schemas. These patterns manifest themselves at different stages of life: childhood, adolescence, adulthood as well as in old age.

Suggested groups of topics: Evolutionary aspects, genetic schemas throughout the life span; pregnancy, child birth; Childhood: attachment history; Adolescence: gender, sexuality, school problems; Adulthood: family, loneliness; Old age: gerotranscendence, care.

#### 4 Dependency reactions and criminality

The biological core problem in dependency is the tendency toward biological addiction. The psychological core problem is deficits in the capacity to relate to others and create meaning. Both aspects will be presented.

Suggested groups of topics. Biological and cognitive understanding of dependency states, such as gambling, work addiction, coffee, alcohol, narcotics.

#### 5 Psychopathological states I

The global mental health is characterised by a significant number of individuals suffering from anxiety and depressive disorders. These disorders are probably created by discrepancies between inherited and acquired schemas and longstanding mental strain and conflicts.

Suggested groups of topics: Anxiety disorders, eating disorders, major depressive disorder, dysthymia, PTSD, stress, and burn-out syndromes.

#### 6 Psychopathological states II

Biological insufficiencies and mental strain affects the structure of the brain. The challenge of cognitive psychotherapy is to reduce anxiety and increase coping skills.

Suggested groups of topics: Schizophrenia, affective disorders and organic syndromes, autistic spectrum disorders, mental retardation, epilepsy, mild brain impairment, dementia.

#### 7 Health promotion - Somatic disorders

An increasing number of people react to environmental and biological stress with anxiety, depression, insomnia and somatic disorders, significantly threatening the health and insurance budgets in many countries. Cognitive principles and techniques can be used both at a more general environmental and social level, as a way of helping people understand their own health situation and increasing their life quality.

Suggested groups of topics: Models for psychological mental health, health services to schools and companies, heart diseases, stroke, diabetes, dentist fobias, neurological disorders, pain.



#### 8 Development of psychotherapy

The focus for psychotherapy is the human mind. Different schools approach it from different angles. Evidence based knowledge and assessment of psychotherapy has to be the basis for a higher level of integration. We are on our way, but how far have we proceeded? Suggested groups of topics: Traditional forms of psychotherapy confronted with new forms, such as Mindfulness training, Schema-based therapy, EMDR, Acceptance and commitment therapy; integrative efforts and psychotherapy research, especially evaluation of treatment effects.

#### TYPES OF PRESENTATIONS

**Invited speakers -** During the congress presentations by invited speakers will be arranged, 45 or 75 minutes each.

**Session rules.** Ordinary sessions is to be 75 minutes. There is a quarter of an hour between sessions. At most 4 presentations of 15 minutes each are allowed, including 5 minutes of questions, followed by 15 minutes of general discussion at the end. The speakers are instructed to present no more than four slides, leading up to a few (1-4) questions for discussion. The chair of the session is advised to approach the speaker in advance to remind them of the structure of the presentations.

**Symposia and paper sessions -** Delegates can organise and chair a symposium around a specific topic. Based on the abstracts, paper sessions will also be arranged around specific topics, to the extent possible.

**Round tables** - Delegates can organise and chair a round table on a specific theme, together with no more than 4 other people. There are no papers, only open questions and answers, in which the audience also is invited to take part.

**Workshops** - Half day or shorter workshops can be arranged on Monday morning and a few Tuesday through Friday.

**Demonstrations** - An experienced clinician demonstrates a case study and/or a method for treatment of a special group of patients, which she/he finds especially valuable, through handouts, figures, videos or role play.

**Speakers' corner -** Short comments, which will be held during the Coffee break on Tuesday and Wednesday afternoon.

After work poster session - During the day's last session there will be a poster session with bar and mingling. The presenters of the posters are supposed to tell their names, the title of the poster and its number from the stage of the speakers' corner and are then remaining by the poster in dialogue with interested individuals.

# VOLVO OFFICIAL CAR



#### **INVITED ADDRESSES**

#### 1 From terror to convivial understanding

Thomas Dowd - Cognitive therapy and psychology of compassion, C

Guillem Feixas - Working with cognitive conflicts in cognitive

psychotherapy: An emotional issue, C

<u>Kenneth Gergen</u> - Beyond belief, working at the boarder of conflicted worlds, A

Paul Gilbert - Compassion in cognitive therapy, B

<u>Daniel Goleman</u> - Meditation research and its clinical implications: Was the Buddha right? A

Ad Kerkhof - Understanding suicidal acts in terrorism, B

Maria Teresa Miró - On conviviality, A

Mark Williams - Psychological processes and suicidal behaviour, C

#### 2 From philosophy of mind to personality disorders

<u>Andrzej Kokoszka</u> - Metabolism of information as a model of mental processes and its application for cognitive therapy, B

Robert Leahy - Emotional schemas and cognitive therapy, B

<u>Michael Mahoney</u> - Minding the heart of science: Constructive process and human inquiry, C

Tullio Scrimali - Entropy of mind, C

#### 3 Development during the life span 0-100 years

<u>Patricia M. Crittenden</u> - Attachment and cognitive psychotherapy, B <u>Ann Frodi</u> - Attachment histories and discourse of psychopathic offenders, B

<u>Margaret Matlin</u> - The cognitive bases of gender stereotypes: Implications for therapy, B

Tammie Ronen - Skill directed therapy with children, C

#### 4 Dependency reactions and criminality

<u>Sharon Morgillo-Freeman</u> - PTSD in substance dependent persons with co-existing sub-clinical brain injury, C

<u>Sharon Morgillo-Freeman</u> - Implications on brain reward response. The relationship of opioid treatment in chronic pain conditions, C

#### 5 Psychopathological states I

<u>Mark Reinecke</u> - Treatment of adolescents with depression: Findings from a multisite, randomized controlled trial of CBT and Fluoxetine, C <u>Paul Salkovskis</u> - Obsessive compulsive problems: Stigma, kindness, understanding and treating those who care too much, B

#### 7 Health promotion - Somatic disorders

<u>Winfried Rief</u> - From aches and pains to somatoform disorders - clinical features and psychological intervention, C

<u>Michael Rosenbaum</u> - What skills are needed in order to feel relatively good even under unfavourable circumstances? C

#### 8 Development of psychotherapy

Judith S. Beck - Title to be completed

<u>Cristina Botella</u> - Broadening psychotherapy: The entrance of new technologies, C



#### INVITED ADDRESSES, cont'd

<u>Luis Botella & Sergi Corbella</u> - Programmatic research on therapists personal styles, C

<u>Frank M. Datillio</u> - The role of case based research in empirically validated treatments, C

<u>Arthur Freeman</u> - Cognitive behaviour therapy as a multicultural treatment model, C

<u>Steven Hayes</u> - Cognitive functions, not cognitive forms: Implications of acceptance and commitment therapy for CBT, B

<u>Maurits Kwee</u> - A cognitive behavioural approach to Buddhist psychology, A

<u>Christine Padesky</u> - The next phase: Building positive qualities with cognitive therapy, B

<u>Antonio Pascual-Leone & Leslie Greenberg</u> - Resolving distress through dialectical constructions, C

<u>Jeremy Safran</u> - Mindfulness affect regulation and the development of therapeutic expertise, C

<u>Walter Truett Anderson</u> - Enlightenment reframed: A western view of eastern wisdom, A

#### **SYMPOSIA**

(Some of the symposia will be completed later)

#### 1 From terror to convivial understanding

<u>Chair: Ad Kerkhof</u> - Terrorism and self-destruction, B <u>Chair: Robert Leahy</u> - The therapeutic relationship, B

<u>Chair: Michael Rosenbaum</u> - Skill oriented interventions with aggressive children: Theory and practice, C

Michael Rosenbaum Cognitive, emotional and behavioural aspects of

aggression: A theoretical model

Tammie Ronen A skill oriented program for the treatment of

aggressive children

Lennart Holm Training teachers and parents the skills of

reducing aggression in children

<u>Chair: Marius Råkil</u> - Men, violence and psychotherapy: Current knowledge and future challenges, C

Brooks, Gary A gender-specific approach to therapy with

battering men

Harper, Christopher Culture, tradition and violence against women.

Gender equlity awareness and gender sensitivity

training with men of the new South Africa

Holma, Juha & Men's violence against women through

Partanen, Terhi discourse-analytic and narrative lences. Report

from a clinically based research project in

Finland

Molin, Pål & Beyond the psychoeducational framework - a Råkil, Marius Norwegian integrative model for the treatment

of men who batter



#### 2 From philosophy of mind to personality disorder

<u>Chair: Michael Mahoney</u> - Scientists, experts and dynamic systems: Variability and emergence in constructions of knowledge, C

Tschacher, Wolfgang Schiepek, Gunter McK. Agnew, Neil Truett Anderson, Walter

Chair: Helge Malmgren - Mind and body in psychiatry and

psychotherapy, C

Malmgren, Helge The embodied mind

Matthis, Irene Psychoanalysis and the brain
Lorentzon, Frank Free will, determinism and suicide

#### 3 Development during the life span 0-100 years

<u>Chair: Patricia M. Crittenden</u> - Assessing representation of danger: The AAI and child, sexual, self and delusional buse: Using the AAI as a case-specific therapeutic tool for assessing representations of danger as a guide to treatment, B

Farnfield, Steve Anne: Blaming mothers all over again (child

abuse by an adult client)

Baim, Clark Oliver Lovett: When comfort calls (child sexual

offending)

Crittenden, Patricia M/ Kate and Cutters: A hard rock in search of

O'Hanlon, Ann balance (self-injury)

*Landini, Andrea* Fausto: Add satan for balance (delusional abuse)

<u>Chair: Ann Frodi</u> - Gender issues of relevance to cognitive psychotherapy, B

Matlin, Margaret Cognitive basis of gender stereotype-implications

for psychotherapy

Bengtsson, Margot What are the problems of performing feminiraity

and masculinity in Sweden today?

Miro, Mayte Convivial cognitive perspective on gender issues

Chair: Alan E Fruzzetti - Mindfulness interventions in couple and family

therapy, C

Iverson, Kate Mindfulness-based interventions in couples

when one or both partners are distressed

Schenk, Chad Mindfulness-based interventions with parents

and their adolescent children: A pilot study

Boulanger, Jennifer A naturalistic examination of the impact of

mindfulness and validation in families

Compton, Jill Effectiveness of acceptance and mindfulness

interventions with couples.

<u>Chair: Kajsa Janzon Lagerkvist</u> - Clinical use of the AAI in cognitive therapy in Sweden, C

Kajsa Janzon Lagerkvist On becoming a person, who I am what I feel and

what I want to do

Crittenden, Patricia M. Procrustion cures: Choosing the right treatment

for the problems

Hoppe, Ulla Neither devil nor a saint

Lodnert, Gabrielle Sexual dysfunction and attachment

Mörtberg, Ewa AAI Patterns in patients suffering from social

phobia - effects after cognitive therapy

<u>Chair: Lars-Göran Öst</u> - CBT in specific and social phobia for children and adolescents, C



#### 5 Psychopathological states I

Chair: Ewa Mörtberg - Treatment of social phobia, C

Karlsson, Andreas Treatment of social phobia in regular clinical

settings

Mörtberg, Ewa Effects of group and individual cognitive

therapy

Carlbring, Per Internet treatment of social phobia
Furmark, Thomas Neurofunctional changes associated with

cognitive behavioural and SSRI treatment of

social phobia

<u>Chair: Jan Prasko</u> - Neurobiological aspects of cognitive behavioural

therapy in anxiety disorders, C

Jan Prasko Overview of neurobiological aspects of CBT

Richard Zalesky Different therapeutic approaches to OCD:

Comparison of CBT and repetitive transcranial

magnetic stimulation (rTMS)

Katerina Cervena Effect of cognitive behavioural therapy on sleep

EEG in psychophysiological insomnia

Beata Paskova CBT versus pharmacotherapy in the treatment of

panic disorder: PET study

<u>Chair: Paul Salkovskis</u> - Intensive thoughts and clinical problems general and specific factors, B

#### 6 Psychopathological states II

<u>Chair: Gillian Haddock</u> - Psychological models and treatment of complex cases of psychosis, B

Barrowcliff, Alistair & Psychological factors related to compliance to

Haddock, Gillian command hallucinations

Barrowclough, Psychological models and treatment for

Christine substance misuse and psychosis

Haddock, Gillian The psychological treatment of psychosis and

anger

Taylor, John Psychological treatment for people with

psychosis and intellectual disabilities

Chair: Tullio Scrimali - New directions for cognitive therapy of

schizophrenia, C

Grinaldi, Liria Constructivistic approach to delusion

De Leonardis, Manuela Neuropsychological remediation

Sciuto, Massimo Expressed emotion and schizophrenia

Mangeri, Sonya Clinical psychophysiology for cognitive therapy

with schizophrenia

#### 7 Health promotion - Somatic disorders

Chair: Giacomo d´Elia - Cognitive psychotherapy in primary care, C

Schenström, Ola Cognitive therapy in primary care setting in

North Sweden

Herlofson, Jörgen Cognitive therapy for "burnout patients": A

teaching program

Rådberg, Karl-Johan Cognitive psychotherapy for patients with cronic

pain

Williams, Chris Cognitive behaviour therapy self help in prima-

ry care settings



Chair: Guillem Feixas - The role of cognitive conflicts in health, C

Cognitive conflicts in life transitions Fernandes, Eugenia Angel Saul, Luis Changing cognitive conflicts in cognitive

Feixas, Guillem psychotherapy

Benasayag, Ruth Cognitive conflicts in functional digestive

Feixas, Guillem disorders

Mearin, Fermin

Chair: Andrzej Kokoszka - Application of cognitive-behavioural approach in general medicine, C

Kokoszka, Andrzej Polish experiences in the application of

cognitive-behavioural approach in the

management of diabetes

Scrimali, Tullio Biofeedback in psychosomatic cardiology

Tringer, Lazlo Cognitive therapy in patients with somatisation

disorders

Morgillo Freeman, The application of cognitive behavioural therapy Sharon

in persons with sleep disorders complicated by

cronic pain conditions

Chair: Michael Mahoney - Bringing the body into constructive

psychotherapy, C

Range of movement (flexibility) and balance Schlegel, Jan Crass, Derrick Exercise and strength training as constructive

adjuncts to psychotherapy

Wade Walsh, Margo Dance and performance as complement to

constructive psychotherapy

Chair: Astrid Palm Beskow - Collaborative approaches to health promotion, C

Bergdahl, Jan Treatment of cronic stress in employees:

Subjective, and neural correlates

Österlund, Anna & Collaborative work between companies Palm Beskow, Astrid and a specialized unit for cognitive

psychotherapy for understanding psychological

and relational matters in an industrial

environment

Individualisation as a professional approach in Haug, Jon

> education, counselling and therapy of somatic diseases in general and in diabetes in particular

Andersson, Kristina Short-term psychotherapy in primary health care: An interdisciplinary approach

8 Development of psychotherapy

Chair: Cristina Botella - New frontiers in psychotherapy, C

Inducting and changing moods via Virtual Baños, Rosa

Using "traditional" strategies in a "virtual world" Botella, Cristina

for the treatment of PTSD

Quero, Soledad Telepsychology: The use of internet for single

phobias treatment

Situational and interoceptive exposure using Garcia-Palacios, virtual reality for the panic disorder and agora Azucena

phobia treatment

Chair: Leslie S. Greenberg - Working with emotion in psychotherapy, C

Emotion and the body Mahoney, Michael

Emotion in the therapeutic relationship Safran, Jeremy

Neimeyer, Robert Growing through grief

Greenberg, Leslie Principles of emotional change



Chair: KT. Kaku - TSCM Symposium Nr. 1 - A cognitive behavioural

approach to Buddhist, B

psychology, B

Kwee, Maurits Mindfulness based interventions: Latest fad and

passing fancy? (part I)

Mindfulness based interventions: Latest fad and Taams, Marja

passing fancy? (part II)

Haruki, Yutaka Award presentation

Unknown yet Yutaka Haruki Award recipients paper

Chair: K.T Kaku - TSCM Symposium Nr. 2 - ACognitive behavioural

approach to Buddhist, A

Kubota, Noriko A role of body in the change process of cognitive

and emotional functionings

Kristeller, Jean Mindfulness-based eating awareness training

> (MB-EAT): Theory, practice and research The influence of mindful mediation on

Ito, Yoshinori Katsukura, Rieko depression: Evaluation by metacognitive

Nedate, Kaneo awareness

Bondolfi, Guido Similarities and differences between MBCT

(Mindfulness Based Cognitive Therapy) and

CBT (Cognitive Behavioral Therapy)

Chair: K.T Kaku - TSCM Symposium Nr. 3 - A cognitive behavioural approach to Buddhist, A

Koshikawa, Fusako Zen-Buddhism and cognitive behavioural

approach

Kief, Herman Buddhist meditation techniques; An ancient

source for new cognitive behavioural therapy

methods

Katsukura, Rieko The development of a measure of awareness in Ito, Yoshinori autobiographical memory for Japanese people

Nedate, Kaneo

de Silva, Padmal

Windgassen, Eric Is a scientific approach of the mind possible? Chair: K.T Kaku - TSCM Symposium Nr. 4 - A cognitive behavioural approach to Buddhist, A

Sugamura, Genji A reappraisal of cognitive behavior therapy as a

Buddhist "dissolution"- focused approach

Kohong, Belinda Dhamma in psychotherapy: Augmenting

cognitive behavioural therapy with Buddhist

philosophy

Bankart, Peter Mindfulness, compassion, and opening the

cognitive gap: A preliminary investigation

Rothenberg, Donald The use of video in facilitating transpersonal

experience

<u>Chair: K.T Kaku</u> - TSCM Symposium Nr. 5 - A cognitive behavioural approach to Buddhist, A

Kawano, Rika Anger management and cultivating altruistic

> spirit of Mahayana to Japanese college student Cognitive behavioural tactics for self-control in

Buddhist psychology

Tophoff, Michael Sensory awareness: A chan way of mindfulness -

theory and research data

DelMonte, Michael Loose thy mind and come to thy senses



Chair: Andries J Kroese - Mindfulnes in medicine and psychology, C

*Jon Kabat-Zinn* Mindfulness in medicine and psychology -

lessons from the past and challenges for the

future

Ola Schenstrøm Mindfulness in primary healthcare - prevention,

treatment and rehabilitation.

Daniel Goleman Meditation research and it's clinical implications:

was the Buddha right?

Michael de Vibe Mindfulness in general practice. Evaluation of a

follow-up study

#### **ROUND TABLES**

(some of the round tables will be completed later)

#### 1 From terror to convivial understanding

<u>Chair: Mark Williams</u> - I can't stand this any longer: What can

psychotherapy offer the suicidal patient, C

Hayes, Steve; Kerkhof, Ad

#### 3 Development during the life span 0-100 years

<u>Chair: Lars-Gösta Dahlöf</u> - Cognitive psychotherapy - an efficient tool in clinical sexology, B

#### 8 Development of psychotherapy

Chair: Thomas Dowd - Diverse clinical applications of imagery in CBT, C

Dowd, Thomas Cognitive hypnotherapy
Beck, Judith S. Imagery in cognitive therapy

Smucker, Mervin Imagery rescripting for trauma clients

David Edwards Using imagery to modify implicational meanings

<u>Chair: Leslie Greenberg</u> - The self critic, C Gilbert, Paul; Whelton, William; Greenberg, Leslie

Chair: Paul Salkovskis - Third generation cognitive behaviour therapies:

Convergent or divergent, B

Chair: Tullio Scrimali - New trends in cognitive therapy, C

Grimaldi, Liria; Freeman, Arthur; Dattilio, Frank; Young, Jeffrey

<u>Chair: Mark Williams</u> - Constraints on setting up research and evaluation projects in mindfulness based cognitive approaches to psychological problems, C

Kabat-Zinn, Jon; Bizzini, Lucio; Fennell, Melanie; Hayes, Steve

#### **CLINICAL DEMONSTRATIONS**

#### 3 Development during the life span 0-100 years

<u>Kristina Andersson & Ulla Sellgren</u> - The importance of working with anxiety in patients with sexual dysfunction, C

Patricia M. Crittenden - Adult Attachment Interview - AAI, C

<u>Frank M Dattilio</u> - Live therapy with a couple or family - a CBT Approach, C

#### 5 Psychopathological states I

<u>Judith S. Beck</u> - Psychotherapy with a depressed patient, a role play session, C



#### CLINICAL DEMONSTRATIONS, cont'd

Tullio Scrimali - Clinical Psychophysiology and cognitive therapy, C

#### 8 Development of psychotherapy

 $\underline{\text{Cristina Botella -}}\xspace$  Working on emotions in psychotherapy: mindfulness and virtual reality, C

Thomas Dowd - Cognitive Hypnotherapy, C

Christine A. Padesky - Building positive qualities with cognitive therapy, C

WORKSHOPS (for schedule please see website: www.congrex.se/iccp2005)

#### Introduction to the congress (in Swedish)

<u>Lillian Noring-Andersson, Rolf Persson, Anita Stjernfeldt</u> - Vad du behöver veta för att ha glädje av kongressen. Grunderna i kognitivt förhållningssätt och vägledning inför kongressen. *Målgrupp*: personer utan utbildning i kognitivt förhållningssätt.

#### 1 From terror to convivial understanding

<u>Kenneth Gergen</u> - From individual minds to transformative dialogue, A <u>Maria Teresa Miró</u> - Principles of conviviality trainning, A <u>Robert Neimeyer</u> - Trauma, loss and the reconstruction of meaning, C

#### 2 From philosophy of mind to personality disorder

<u>Judith S. Beck</u> - Cognitive therapy for personality disorders, C

<u>Arthur Freeman and Sharon Morgillo-Freeman</u> - Working with difficult patients: crisis and coexisting serious problems, C

Michael Mahoney - Constructive life counselling, B

<u>Christine Padesky and Kathleen Mooney</u> - CT for personality disorders: Constructing a new personality, C

#### 3 Development during the life span 0-100 years

<u>Alan Fruzzetti</u> - Dialectical behaviour therapy with couples and families, C

<u>Tammie Ronen & Michael Rosenbaum</u> - Skills directed therapy with children, C

<u>Walter Truett Anderson</u> - Enlightenment, cognitive development and cultural evolution, A

#### 5 Psychopathological states I

<u>Jan Prasko and Beata Paskova</u> - Exposure to the imaginative death, experience in hypochondriasis, C

<u>Mark Reinecke</u> - Modular cognitive-behavioural therapy for depressed adolescents, C

#### 6 Psychopathological states II

<u>Gillian Haddock</u> - Cognitive behaviour therapy for psychosis and anger, C <u>Gerhard Lenz</u> - Cognitive therapy in bipolar disorder, C

 $\underline{\text{Tullio Scrimali}}$  - Cognitive therapy and rehabilitation for schizofrenic patients, C



#### WORKSHOPS, cont'd

#### 7 Health promotion - Somatic disorders

<u>Andrzej Kokoszaka</u> - Application of CBT in general medicine and in coaching (business), C

#### 8 Development of psychotherapy

Judith S. Beck - Cognitive therapy, basics and beyond, C

 $\underline{\text{Tara Bennett Goleman and Daniel Goleman}}$  - Integrating mindfulness and schema therapy, C

 $\underline{\textit{Frank Dattilio}}$  - Cognitive behavioural strategies with couples and families, C

 $\underline{\text{Guillem Feixas}}$  - Cognitive case formulation using the repertory grid technique, C

<u>Paul Gilbert</u> - Working with shame and compassionate mind training within a cognitive framework, C

Leslie Greenberg - The transforming power of emotion, C

Steven Hayes - Acceptance and commitment therapy for difficult clients, C

<u>Jon Kabat-Zinn</u> - Mindfulnes in medicine and psychology-a first hand taste and clinical applications, C

Robert Leahy - Overcoming resistance in cognitive-behavioral therapy, B

<u>Jeremy Safran</u> - Resolving therapeutic impasses, C

Marja Taams & Maurits Kwee - Is the making of a Buddha a hoax? A

Mark Williams - Mindfulness-based cognitive therapy for depression, C



### Capio – a major player in European healthcare

Capio's goal is to become Europe's leading healthcare company, providing internationally recognised high-quality care at competitive prices.

The Capio Group conducts operations in the fields of medical care, diagnostics and elderly care on a contract basis and in co-operation with public healthcare authorities, insurance companies and other organisations.

In Sweden, Capio lies behind such well-known health and medical care facilities as St. Göran's Hospital in Stockholm and Capio Lundby Hospital in Göteborg. Medocular is the leading provider of eye-care services in the Nordic region, and in April 2004 the Group opened Capio Eye in London, a reference clinic in the field of ophthalmic surgery.

In France, Capio is the second-largest player in the private healthcare sector. In combination with other Group units in the area, Capio Clinique des Cèdres, the largest private hospital in France, provides Capio with a very strong position in the Toulouse region.

During 2004, Capio signed two major care contracts with the National Health Service (NHS) in the United Kingdom. One of the contracts is the largest ever assigned to a private care provider in the UK market and includes treatment within the areas of orthopaedics and general surgery over a five-year period.

The Capio Group, which has more than 100 care units in seven European countries, has annual net revenues of about SEK 9,000 M (GBP 700 M) and some 14,000 employees. For further information, please visit: <a href="https://www.capio.com">www.capio.com</a>



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www.staralliance.com







#### **GUIDELINES FOR ABSTRACT SUBMISSION**

# **Deadline for abstract submission 1 December, 2004**Notification of acceptance early February, 2005

Abstracts will be selected by the Programme Committee for oral or poster presentations. Accepted abstracts will be published in the Congress Abstract Book

#### **Submission Instructions**

- Abstracts should be submitted electronically no later than 1 December, 2004.
- Abstracts cannot be submitted by fax, hard copy or e-mail.
- Acknowledgement of receipt of the submission will be sent to the stated e-mail address in the section "Contact details". If you do not receive the confirmatory e-mail within 24 hours, please contact us at: iccp2005abstract@gbg.congrex.se
- Acceptance of abstracts and decisions concerning types of presentation will be made by a programme committee. The decisions by the committee can not be appealed against.
- Notification of acceptance of the abstracts will be e-mailed in early February 2005.
- The corresponding author will receive all correspondence concerning the abstract and is responsible for informing the other authors of the status of the abstract.
- Upon submission, indicate one of the following themes that best describes the abstract:
  - 1. From terror to convivial understanding
  - 2. From philosophy of mind to personality disorders
  - 3. Development during the life span 0-100 years
  - 4. Dependency reactions and criminality
  - 5. Psychopathological states I
  - 6. Psychopathological states II
  - 7. Health promotion Somatic disorders
  - 8. Development of psychotherapy
- Abstracts must be in English.
- Maximum 300 words / 2 000 characters (including spaces and excluding the title and contact information on authors).
- Make the abstract as informative as possible, including a brief back ground, hypotheses or the purpose of the study, the methods used, the results obtained and the conclusions based upon the results. It is inadequate to state "the results will be discussed" or "the data will be presented".
- It is the author's responsibility to submit a correct abstract; any errors in spelling, grammar, or scientific fact will be reproduced as typed by the author, if accepted. Poor English may be a cause for rejection.
- Presenters of abstracts must pay the registration fee for attendance at the Scientific Sessions. Deadline for a reduced rate is 1 December, 2004.

If you have any questions regarding abstracts please contact: iccp2005abstract@gbg.congrex.se



www.lilly.se



#### **SOCIAL PROGRAMME**

#### Welcome reception - 13 June, 17.30 - 18.30

Hosted by the City of Göteborg and the Region of Västra Götaland. All participants wishing to participate must check the appropriate box on the registration, free of charge.

Archipelago Evening on board M/S S:t Erik - 14 June, 19.30 - 22.30 A 3 hour boat tour in the beautiful southern archipelago of Göteborg. On the ship you will be served a typical Swedish shrimp buffé accompanied by Swedish folk music. All those wishing to participate must check the appropriate box on the registration and pay a

#### Harbour Party - June 16, 20.00 - 24.00



Photo: Kjell Holmnér

charge of SEK 450.

Will be held in the harbour at "Kajskjul 8" an old storage building. During the 19th century it was used to store spices imported from The Far East, among other things. The building was restored in 1994 and is used as a restaurant for many events. The banquet will include a delicious seafood dinner and entertainment.

All those wishing to participate must check the appropriate box on the registration and pay a charge of SEK 795.

#### Viking Dinner at Carlsten Fortress - 17 June, 16.00 - 23.00

A 2 hour scenic boats cruise will take you to the Marstrand Island. Marstrand harbour nestles under the walls of one of the best preserved stone fortresses in Northern Europe-majestic Carlsten. This evening you will enjoy a Viking Dinner at Carlsten Fortress. The meal will be served on wooden plates and the drinks in real bull horns. For this tour we recommend casual clothing and comfortable shoes. Return to hotels is by busses directly from Marstrand. All those wishing to participate must check the appropriate box on the registration and pay a charge of SEK 970.



Island of Marstrand Photo: Kjell Holmnér



#### PROGRAMME FOR ACCOMPANYING PERSONS

#### City Centre Tour - 14 June, 09.00 - 12.00

Guided tour in the city centre of Göteborg. The guide will show you the most interesting spots of Göteborg such as: The Göteborg Opera House, the main street Kungsportsavenyn with Götaplatsen where the Concert Hall and Art Museum are situated. The tour will cross several bridges with the beautiful scenery of canals. A coffee break will take place at the Göteborg Botanical Garden which in many respects, differs from most traditional botanical gardens on the European continent. The Garden was conceived and planned by the municipality of Göteborg in the 1910s as a botanical garden with an extra emphasis on horticulture, and with a a given place in Swedish community life.

All those wishing to participate must check the appropriate box on the registration and pay a charge of SEK 270 incl. coffee break. Included in the fee for registered accompanying persons.



unnebo Manor

#### City Tour and Gunnebo Manor - 15 June, 09:00-14:00

Gunnebo is a Gustavian out-of-town residence from the late 18th century, a perfect site between two lakes. The manor flourished during the time when the Hall family of Gothenburg used it as their summer residence.

The architect Carl Wilhelm Carlberg designed it between 1784 and 1796, not only the separate buildings and the garden but also the fixtures with the wall decorations, the stoves and the furniture. The main building, terraces, park and surrounding grounds are now registered as a National Trust monument. There is also a kitchen garden and Gunnebo Café & Restaurant. An English-speaking guide will show you around. All those wishing to participate must check the appropriate box on the registration and pay a charge of SEK 495 incl. admission and lunch.

#### PRE- AND POST CONGRESS TOURS

The travel agency, Reseriet, has co-operation agreements with Congrex Göteborg. This is an advantage to you, as you will receive special rates when booking your travel arrangements and tickets through Reseriet.

Reseriet will be happy to assist you in planning your own individual vacations and business trips. In their capacity of tour operator they also offer a wide selection of guided tours to different parts of the world.

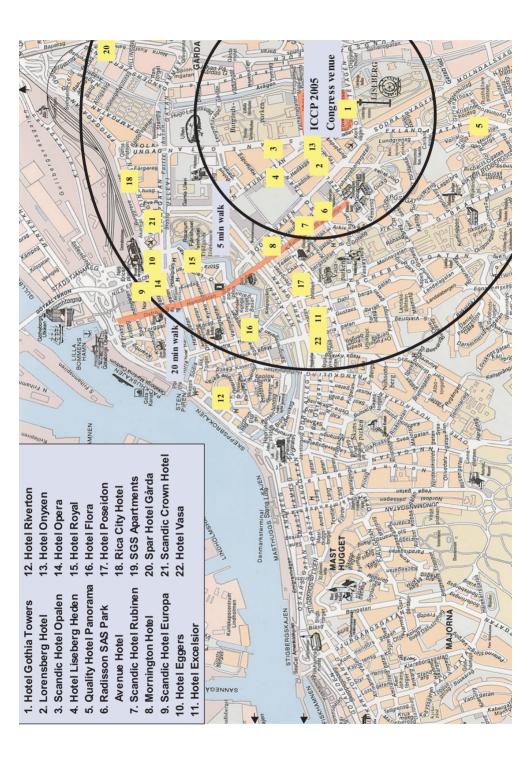
If you have any questions, ideas or needs, please do not hesitate to contact Reseriet either by:

phone: +46 (0)31-819830 or by E-mail: info@reseriet.se

Web address: www.reseriet.se

If you are in Göteborg, you can visit their office at Teatergatan 19.







#### HOTEL INFORMATION

A number of hotel rooms in different price categories have been booked in Göteborg with arrival 12 June and departure 18 June (additional nights can only be confirmed if available) at preferential prices for the Congress. The prices below are in SEK, per night and include VAT and breakfast (except for SGS Hostel). All rooms have private bath or shower. Confirmation of hotel reservation will be sent when full hotel prepayment has been paid.

Category A Rate/night/room in SEK

Hotel EggersSingle: 1475DrottningtorgetDouble: 1575

A middle class hotel, one of the oldest hotels in Sweden, in the city centre near the Central Station. Walking distance (approx. 15-20

minutes) to the Göteborg Convention Centre.

Hotel Gothia TowersSingle: 1490/1790Mässans gata 24Double: 1890/2190

In the city centre, adjacent to the Göteborg Convention Centre. A new 23 story twin hotel, the largest in Scandinavia with 710 rooms. The restaurant and bar on the top floor offer a fantastic view of Göteborg.

Mornington HotelSingle: 1295Kungsportsavenyn 6Double: 1795

In the city centre, located on the main street Kungsportsavenyn. Walking distance (approx. 10-15 minutes) to the Göteborg Convention Centre. The hotel has 91 rooms, restaurant & bar in british style.

**Radisson SAS Park Avenue Hotel** Single: TBA Kungsportsavenyn 36-38 Double: TBA

Centrally located on the main street Kungsportsavenyn and within

walking distance to the Göteborg Convention Centre.

Scandic Hotel CrownSingle:1530Polhemsplatsen 3Double:1830

A modern, comfortable hotel in the very heart of the city and within walking distance (approx. 15 minutes) to the Göteborg Convention

Centre.

Scandic Hotel OpalenSingle:1495Engelbrektsgatan 73Double:1795

A large modern hotel in close proximity to the Göteborg Convention

Centre. Entertainment several nights per week.

Scandic Hotel Rubinen Single: 1550 Kungsportsavenyn 24 Double: 1850

A first class hotel in the city centre, located on the main street Kungsportsavenyn. Walking distance (approx. 10 minutes) to the

Göteborg Convention Centre.

Category B Rate/night/room in SEK

Hotel Liseberg HedenSingle: 1195Sten SturegatanDouble: 1300

A one story popular hotel close to the Göteborg Convention Centre and the cultural centre of Göteborg. Adjusted to protect the environment.

Lorensberg HotelSingle: 920Berzeliigatan 15Double: 1220

A family owned hotel within a stone's throw of the Göteborg Convention Centre and the cultural centre of Göteborg. Several

restaurants close by.



Hotel OperaSingle: 1195/1395Norra Hamngatan 38Double: 1395/1550

A tourist class hotel in the immediate city centre close to the Central Station and Scandinavia's largest shopping centre Nordstan. Most of the public buses and trams run nearby.

**Quality Panorama Hotel** Single: 1160/1240 Eklandagatan 51-53 Double: 1240

A high standard hotel with an excellent cuisine. Within walking distance (approx. 10 minutes) of the Göteborg Convention Centre. Free shuttle-bus service to the Convention Centre on request.

**Rica City Hotel Göteborg** Single: 1075 Burggrevegatan 25 Double: 1275

A first class bed & breakfast hotel in Scandinavian style and just a stone's throw from the Central Station. Walking distance (approx. 15 minutes) to the Göteborg Convention Centre.

Category C Rate/night/room in SEK

Hotel ExcelsiorSingle: 930Karl Gustavsgatan 7Double: 1090

A small family owned middle class hotel in British style located in a well preserved older part of the city centre.

**Hotel Flora** Single: 800 Grönsakstorget 2 Double: 1000

A small family owned hotel situated in the very centre of Göteborg. Walking distance (approx. 15-20 minutes) to the Göteborg Convention Centre.

Hotel PoseidonSingle: 890Storgatan 33Double: 1200

A small family owned hotel in a totally renovated house from the year 1880 in the city centre .Walking distance (approx. 15 minutes) to the Göteborg Convention Centre.

Hotel RoyalSingle: 945Drottninggatan 67Double: 1195

A small family hotel, the oldest in Gothenburg, in the city centre near the Central Station. Walking distance (approx. 15-20 minutes) to the Göteborg Convention Centre.

SGS Hostel\* Single: 370 Utlandagatan 24 Double: 470

A Youth Hostel located a 10 minutes walk from the Göteborg Convention Centre and close to the city centre. The rooms have private facilities. \*No breakfast included. Kitchen for common use.

**Spar Hotel Gårda** Single: 810 Norra Kustbanegatan 15-17 Double: 1080

A low-cost hotel within walking distance (approx. 20 minutes) of the Göteborg Convention Centre.

Hotel VasaSingle: 950Viktoriagatan 6Double: 1130

A small family-owned hotel centrally located in the city centre. Walking distance (approx. 15 minutes) to the Göteborg Convention Centre



Judy Beck, Ph D, President Elect of the Academy of Cognitive Therapy, ACT, wrote to the Members:

"Hope many ACT members will attend the International Congress of Cognitive Psychotherapy, sponsored by the IACP, in Goteborg, Sweden, June 13-17 next year. Among other activities, Aaron Beck will participate in a scientific conversation with his Holiness the 14th Dalai Lama! The congress program will include more than 100 lectures, workshops, seminars, round-table conferences, client demonstrations, etc. They expect about 2000 people from all over the world. If you've never been to a world congress before, it's a terrific experience..."

#### REGISTRATION, PAYMENT AND CANCELLATION GUIDELINES

Participants are encouraged to register on the Internet. To register, please use the website www.congrex.se/ICCP2005

Confirmation will be sent upon receipt of payment. Registration for events that are included in the registration fee must also be marked on the form, in order to obtain a ticket. Please note that registration for the various tours and events will be on a "first-come first-served" basis and that the number of participants may be limited.

Registration fees	Paid before 1/12 2004	Paid 1/12 2004 -1/3 2005	Paid after 1/3 2005
Congress fee, VAT excl.	4.200	4.900	5.500
Congress fee, VAT incl.	5.250	6.125	6.875
Student fee, VAT excl.	2.700	3.700	3.700
Student fee, VAT incl.	3.375	4.625	4.625
Full day Workshops, VAT excl.	1.500	1.500	1.500
Full day Workshops, VAT incl.	1.875	1.875	1.875
Half day Workshop, VAT excl	800	800	800
Half day Workshop, VAT incl.	1.000	1.000	1.000
Accompanying personVAT incl.	1.000	1.200	1.400
Pre-congress workshop, VAT incl.	10.000	10.000	10.000
Satellite congress, VAT excl	2.200	2.200	2.200
Satellite congress, VAT incl.	2.750	2.750	2.750
Post-congress workshop, VAT incl.	10.000	10.000	10.000

Swedish tax legislation requires participants to pay their registration fee either including or excluding Swedish VAT (Value added tax).

- Participants from a company/organisation within the European
   Union must state their VAT Number to be able to pay the registration
   fee excluding VAT. If no VAT Number is given the fee will include
   VAT.
- Participants from a company/organisation outside the European Union pay the registration fee excluding VAT.
- **Swedish participants** must always pay the registration fee including VAT.
- Hotels, social events, fee for accompanying person and Pre- & Post-congress workshops must always be paid including VAT.



The registration fee for participants and students includes: All conference material, abstract book, daily tea/coffee, lunches, opening ceremony, welcome reception, admission to all conference sessions, entrance to the exhibition and priority to obtain a ticket to the event on June 12.

The registration fee for accompanying person includes: Opening ceremony, welcome reception, entrance to the exhibition, city centre tour and priority to obtain a ticket to the event on June 12.

#### **Payment**

The total amount due, must be transferred or paid by credit card, when the registration form is mailed. Your registration will only be accepted when full payment has been received. All payment should be made in SEK payable to Congrex Göteborg. Payment can be made by:

- Remittance to account No. 5001-10 378 22 or IBAN (International Bank Account No.) SE 66 5000 0000 0500 1103 7822, BIC/SWIFT: ESSESESS with SEB Bank, SE-405 04 Göteborg, Sweden. Please clearly mark your name and Ref. ICCP2005. All expenses in connection with transferring fees must be paid by the participant.
- Credit card as listed on the registration.
- Postal giro 7738-8, only Nordic participants.
- Bank giro 5887-2797, only Swedish participants.

We regret that no personal cheques, company cheques or Euro cheques will be accepted.

#### **Cancellation policy**

#### Registration

If you cannot attend, your registration is transferable to another member of your organisation.

Notification of cancellation must be made in writing and sent to Congrex Göteborg. Cancellation of registration will be accepted until 1 March, 2005, and the total amount will be refunded less a cancellation charge of SEK 1.000. We regret that no refund can be made for any cancellation received after 1 March, 2005.

#### Hotel Reservation

Notification of cancellation must be made in writing and sent to Congrex Göteborg. Cancellation of any hotel reservation will be accepted until 1 March 2005 and the hotel prepayment will be refunded less a cancellation charge of SEK 200. For cancellation received after 1 March but before 1 April the hotel prepayment, less the first night's cost will be refunded. We regret that the hotel prepayment cannot be refunded for any cancellation received after 1 May, 2005.

#### Social Events

Notification of cancellation must be made in writing and sent to Congrex Göteborg. Cancellation of social events will be accepted until 1 April, 2005, and the total amount will be refunded. We regret that no refund can be made for any cancellation received after 1 April, 2005.



#### **GENERAL INFORMATION**

#### **Badges**

Each participant will receive a name badge upon registration. For security reasons all participants are requested to wear their badge during all the Congress activities and social events. The cost for replacing a lost badge is SEK 1000.

#### **Banks**

Banks are open between 09.30 and 15.00 on weekdays. Some banks in central Göteborg are open between 09.00 and 17.00.

#### Certificate of attendance

All participants will receive a certificate of attendance at the registration desk

#### Climate and Dress

The weather in Göteborg at this time of the year is usually nice with temperatures around 20-25 degrees Celsius, but showers may occur. Dress will be informal throughout the Congress.

#### Currency

The official currency is Swedish Krona (SEK).

USD 1 = SEK 7,55 (June 2004)

EUR 1 = SEK 9,17 (June 2004).

#### Local transportation

Göteborg has tram and bus services. The Exhibition and Congress Centre is located in the downtown area. The fee for the airport bus from Landvetter Airport to Göteborg is SEK 70 and taxi costs approximately SEK 350.

#### Meals

Coffee and lunches are included in the registration fee and will be served daily during the congress.

#### Messages and Correspondence

Please use the following number during the Congress: Phone: +46 31 708 60 00 Fax: +46 31 708 60 25

#### Language

The official language of the Congress is English (no translation facilities will be provided).

#### On site Registration in Göteborg

On site registration will start on 13 June 2005. The registration desk and Conference secretariat are located at the Göteborg Convention Centre, Mässans Gata 5, and will be open from Monday 13 June at 07.30.

#### Administrative secretariat:

Congrex Göteborg AB
Box 5078
402 22 Göteborg, Sweden
Phone: +46 31 708 60 00 Fax: +46 31 708 60 25
E-mail: iccp2005@gbg.congrex.se



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